

REFLECTIVE JOURNAL

| | |
|---|--------------------------------|
| WHAT I USED TO DO | WHAT I LEARNED |
| HOW I CAN APPLY IT | SURPRISES I EXPERIENCED |
| WHAT I STILL NEED TO KNOW ABOUT THIS TOPIC | QUESTIONS I STILL HAVE |

Here's What! So What? Now What?

Here's what!
*(Identify one key learning
based on today's session)*

So what?
*(Why is this idea important
to you?)*

Now what?
*(How do you plan to apply this
key learning in your classroom?)*

Effort and Achievement Rubrics

| Scale: 4=excellent; 3=good; 2=needs improvement; 1=unacceptable | |
|--|---|
| Effort Rubric | Achievement Rubric |
| 4 | 4 |
| I worked on the task until it was completed. I pushed myself to continue working on the task even when difficulties arose or a solution was not immediately evident. I viewed difficulties that arose as opportunities to strengthen my understanding. | I exceeded the objectives of the task or the lesson. |
| 3 | 3 |
| I worked on the task until it was completed. I pushed myself to continue working on the task even though difficulties arose or a solution was not immediately evident. | I met the objectives of the task or the lesson. |
| 2 | 2 |
| I put some effort into the task, but I stopped working when difficulties arose. | I met a few of the objectives of the task or lesson, but did not meet others. |
| 1 | 1 |
| I put very little effort into the task. | I did not meet the objectives of the task or lesson. |

HOW IS MY LEARNING GOING?

_____ 's record of work

I really enjoyed learning about

because _____

What I found interesting was

The work I found easiest was _____

The work I found most difficult was _____

What I would like to find out more about is _____

I think I could learn better if I _____

Daily Homework Planner (Adapted from Miller & Kelly, 1994)

Student: _____ Date: _____



Before starting my homework, do I:

- have all the materials that I need?
- know what homework has been assigned in all subjects?
- have a quiet place to work?

| Task | Academic Subject | Description of Work Goal Set by Student | Time Needed to Complete | Goal Successfully Achieved? |
|------|------------------|---|-------------------------|-----------------------------|
| 1 | | | | Y N |
| 2 | | | | Y N |
| 3 | | | | Y N |
| 4 | | | | Y N |
| 5 | | | | Y N |

- *Daily reward:* The student will earn the daily reward by completing at least _____ % of the homework goals for that day.
- *Weekly reward:* The student will earn the weekly reward by meeting the daily homework goals for _____ days of the week.
- *Percentage of Goals Achieved Today* (Number of Goals Achieved/Number of Goals Set) _____%
- Circle those days that the student has met the daily homework goal for this week:

S M T W Th F S

Parent Signature _____

Day # _____ Date: _____

I learned today...

How I will apply what I learned to the classroom...

| Goal/Outcome | Action Steps | Measures of Success | Timeline |
|--------------|--------------|---------------------|----------|
| | | | |
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| | | | |
| | | | |

(R)

Setting My Personal Learning Goals

Name: _____

Date: _____

Evidence Used to Create My Goals:

Based on My Analysis of the Evidence, I **have a good understanding** of the following concepts:

Based on My Analysis of the Evidence, I must **improve my understanding** of the following concepts:

My **plan of action** to improve my understanding of the concepts identified in the analysis of the evidence includes:

| I will: | When? | Date Completed |
|---------|-------|----------------|
| | | |
| | | |
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